

First Name: \_\_\_\_\_

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**103 - Worksheet - Conservation of Mechanical Energy** **/34 marks**

**Part 1: Gravitational and Kinetic Energy (Very Easy)**

**Q1:** A 39.0N force is applied to a 3.98kg to lift it 1.3 meters high. How much work was done?

(Record your **three-digit** answer in the Numerical Response boxes below)

5	0	.	8
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Option #1

$$E_p = mgh$$

$$= (3.98)(9.81)(1.3)$$

$$= 50.8 \text{ J}$$

$$W = \Delta E$$

$$W = 50.8 \text{ J}$$

Option #2

$$F_g = mg$$

$$= (3.98)(9.81) = 39.0438 \text{ N}$$

$$F_{app} = 39.0438 \text{ N}$$

$$W = Fd$$

$$= (39.0438)(1.3)$$

$$= 50.8 \text{ J}$$

**Q2:** Another 3.98kg desk is lifted using 39.0N of force. If 16.0J of work was done, then the desk was lifted a height of **a.bc** x 10<sup>d</sup> meters, where **a**, **b**, **c**, and **d** are \_\_\_\_, \_\_\_\_, \_\_\_\_, and \_\_\_\_.

(Record your **four-digit** answer in the Numerical Response boxes below)

4	1	0	1
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$$W = \Delta E_p$$

$$E_p = mgh$$

$$16 = (3.98)(9.81)h$$

$$h = 0.409796 \text{ m}$$

$$h \approx 4.10 \times 10^{-1} \text{ m}$$

**Q3:** A plane that is 1238 meters above the ground has a gravitational potential energy of 5.0 x 10<sup>8</sup> J. The mass of the plane is **a.bc** x 10<sup>d</sup> kg, where **a**, **b**, **c**, and **d** are \_\_\_\_, \_\_\_\_, \_\_\_\_, and \_\_\_\_.

(Record your **four-digit** answer in the Numerical Response boxes below)

4	1	2	4
---	---	---	---

$$E_p = mgh$$

$$5.0 \times 10^8 = (m)(9.81)(1238)$$

$$m = 41,169.95 \text{ kg}$$

$$m \approx 4.12 \times 10^4 \text{ kg}$$

KEY

Q4: What is the kinetic energy of a 675g baseball that is moving at 376 cm/s?

(Record your **three-digit** answer in the Numerical Response boxes below)

4	.	7	7
---	---	---	---

$$m = 0.675 \text{ kg}$$

$$v = 3.76 \text{ m/s}$$

$$\begin{aligned} E_k &= \frac{1}{2}mv^2 \\ &= \frac{1}{2}(0.675)(3.76)^2 \\ &= 4.77144 \text{ J} \\ &\approx 4.77 \text{ J} \end{aligned}$$

Q5: If a bullet fired from a rifle has a velocity of 87 m/s and a kinetic energy of 83.26J, then the mass of the bullet is  $a.bc \times 10^{-d}$  kg, where  $a$ ,  $b$ ,  $c$ , and  $d$  are \_\_\_\_, \_\_\_\_, \_\_\_\_, and \_\_\_\_.

(Record your **four-digit** answer in the Numerical Response boxes below)

2	2	0	2
---	---	---	---

$$v = 87 \text{ m/s}$$

$$E_k = 83.26 \text{ J}$$

$$m = ?$$

$$E_k = \frac{1}{2}mv^2$$

$$83.26 = \frac{1}{2}(m)(87)^2$$

$$m = 2.20 \times 10^{-2} \text{ kg}$$

Q6: A bird is flying at 121 cm/s while 23.4 meters above ground. If the bird has a mass of 1780 grams, then its total mechanical energy is \_\_\_\_\_ Joules.

(Record your **three-digit** answer in the Numerical Response boxes below)

4	1	0	
---	---	---	--

$$v = 1.21 \text{ m/s}$$

$$h = 23.4 \text{ m}$$

$$m = 1.78 \text{ kg}$$

$$E_p = mgh$$

$$= (1.78)(9.81)(23.4)$$

$$= 408.60612 \text{ J}$$

$$E_k = \frac{1}{2}mv^2$$

$$= \frac{1}{2}(1.78)(1.21)^2$$

$$= 1.303049$$

$$E_m = E_p + E_k$$

$$= 409.91 \text{ J}$$

$$\approx 410 \text{ J}$$

■ Key ■

Q7: What is the mechanical energy of a 394g arrow flying at 4.8 m/s, 0.79 meters above the ground?

(Record your **three-digit** answer in the Numerical Response boxes below)

7	.	5	9
---	---	---	---

$$m = 0.394 \text{ kg}$$

$$v = 4.8 \text{ m/s}$$

$$h = 0.79 \text{ m}$$

$$E_p = mgh$$

$$= (0.394)(9.81)(0.79)$$

$$= 3.0534606 \text{ J}$$

$$E_k = \frac{1}{2}mv^2$$

$$= \frac{1}{2}(0.394)(4.8)^2$$

$$= 4.53888 \text{ J}$$

$$E_m = E_p + E_k$$

$$= 7.5923406 \text{ J}$$

$$\approx 7.59 \text{ J}$$

Q8: A butterfly has a gravitational potential energy of 0.051 J when it is 5.2 meters above the ground, and is flying at a speed of 0.026 m/s. The total mechanical energy of the butterfly is  $a.bc \times 10^d$  J, where  $a$ ,  $b$ ,  $c$ , and  $d$  are \_\_, \_\_, \_\_, and \_\_.

(Record your **four-digit** answer in the Numerical Response boxes below)

5	1	0	2
---	---	---	---

$$E_p = 0.051 \text{ J}$$

$$h = 5.2 \text{ m}$$

$$v = 0.026 \text{ m/s}$$

$$m = ?$$

$$E_m = ?$$

$$E_k = ?$$

$$E_p = mgh$$

$$0.051 = (m)(9.81)(5.2)$$

$$m = 9.9976476 \times 10^{-4} \text{ kg}$$

$$E_k = \frac{1}{2}mv^2$$

$$= \frac{1}{2}(9.9976476 \times 10^{-4})(0.026)^2$$

$$= 3.3792 \times 10^{-7} \text{ J}$$



$$E_m = E_p + E_k$$

$$= 0.051 + 3.3792 \times 10^{-7}$$

$$= 5.100033792 \times 10^{-2} \text{ J}$$

$$\approx 5.10 \times 10^{-2} \text{ J}$$

Part 2: Conservation of Energy (Easy)

Q9: A ball has a mass of 0.500 kg and is kicked vertically, reaching maximum height of 17.0 meters. The maximum speed of the ball was  $a.bc \times 10^d$  m/s, where  $a$ ,  $b$ ,  $c$ , and  $d$  are \_\_, \_\_, \_\_, and \_\_.

(Record your four-digit answer in the Numerical Response boxes below)

1	8	3	1
---	---	---	---

○  $E_p$

$E_k \rightarrow E_p$

so

$E_k = E_p$

$$\frac{1}{2}mv^2 = mgh$$

$$\frac{1}{2}v^2 = gh$$

$$\frac{1}{2}v^2 = (9.81)(17)$$

$$v^2 = 333.54$$

$$v = 18.26 \text{ m/s}$$

$$v \approx 1.83 \times 10^1 \text{ m/s}$$

↑  
○  $E_k$

Q10: A 5kg mass is dropped from a height of 6m. What is the speed of the object immediately before impacting the ground, in m/s?

(Record your three-digit answer in the Numerical Response boxes below)

1	0	.	9
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○  $E_p$

$E_p \rightarrow E_k$

so

$$mgh = \frac{1}{2}mv^2$$

$$(9.81)(6) = \frac{1}{2}v^2$$

$$v = 10.85 \text{ m/s}$$

$$v \approx 10.9 \text{ m/s}$$

○  $E_k$

KEY

Q11: A disgruntled student throws their 1.3kg textbook straight up into the air at a speed of 6m/s. What is the maximum height that the textbook reaches?

(Record your **three-digit** answer in the Numerical Response boxes below)

1	.	8	3
---	---	---	---

$\circlearrowright E_p$

$$E_k \rightarrow E_p$$

$$\frac{1}{2}mv^2 = mgh$$

$$\frac{1}{2}(6)^2 = (9.81)h$$

$$h = 1.83 \text{ m}$$

$\uparrow E_k$

Q12: An object of unknown mass is dropped from a height of 100m. Ignoring air resistance, what is the speed of the object directly before it hits the ground?

(Record your **three-digit** answer in the Numerical Response boxes below)

4	4	.	3
---	---	---	---

$\circlearrowright E_p$

$$E_p \rightarrow E_k$$

$$mgh = \frac{1}{2}mv^2$$

$$(9.81)(100) = \frac{1}{2}v^2$$

$$v^2 = 1962$$

$$v = 44.3 \text{ m/s}$$

$\circlearrowleft E_k$

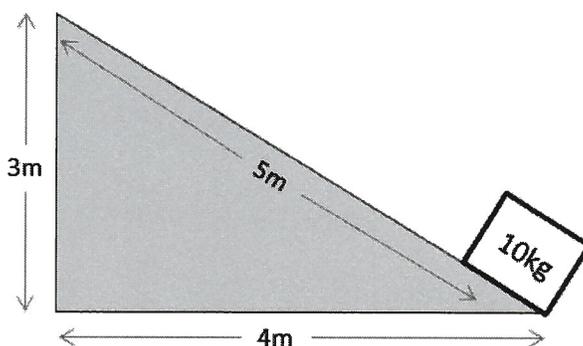
**Part 3: Conservation of Energy (Medium)**

Use the following information to answer Q13-Q16:

**Incline Planes as Simple Machines**

An inclined plane, also known as a ramp, is a flat supporting surface tilted at an angle, with one end higher than the other, used as an aid for raising or lowering a load. The inclined plane is one of the six classical simple machines defined by Renaissance scientists. Moving an object up an inclined plane requires less force than lifting it straight up, at a cost of an increase in the distance moved.

In the example below, a force of 70N is required to push a 10kg box up a wooden incline plane.



**Q13:** How much work is done, in Joules, to push the 10kg box diagonally up the incline plane?

- a. 50 J
- b. 70 J
- c. 350 J
- d. 700 J

$$\begin{aligned}
 W &= Fd \\
 &= (70\text{N})(5\text{m}) \\
 &= 350\text{ J}
 \end{aligned}$$

**Q14:** How much force would have been required to lift the box straight up in the air without the aid of an incline plane?

- a. 30.0 N
- b. 50.0 N
- c. 98.1 N
- d. 294.3 N

$$\begin{aligned}
 F_g &= mg \\
 &= (10)(9.81) \\
 &= 98.1\text{ N}
 \end{aligned}$$

Use the following additional information to answer Q15-Q16:

When pushing the box up the incline plane, friction is created from the rubbing of the box on the wooden ramp. As a result, there is some thermal energy loss, and the incline plane is not 100% efficient.

**Q15:** How much potential energy does the 10kg block have when at the top of the incline plane?

- a. 98.1 J
- b. 294.3 J
- c. 392.4 J
- d. 490.5 J

$$\begin{aligned}
 E_p &= mgh \\
 &= (10)(9.81)(3) \\
 &= 294.3 \text{ J}
 \end{aligned}$$

**Q16:** How much energy is lost due to thermal energy loss?

(Record your **three-digit** answer in the Numerical Response boxes below)

5	5	.	7
---	---	---	---

$$\begin{aligned}
 E_{in} &= W_{\text{work}} = 350 \text{ J} \\
 E_{out} &= E_p = 294.3 \text{ J} \\
 \Delta E &= 55.7 \text{ J}
 \end{aligned}$$

■ KEY ■

Use the following information to answer Q17-Q18:

A 10kg object accelerates from 5m/s to 7m/s over 15m due to a constant force. Assume that the system is frictionless.

**Q17:** How much work was done to accelerate the object?

(Record your **three-digit** answer in the Numerical Response boxes below)

1	2	0	
---	---	---	--

$$E_i = \frac{1}{2}mv_i^2 = \frac{1}{2}(10)(5)^2 = 125 \text{ J}$$

$$E_f = \frac{1}{2}mv_f^2 = \frac{1}{2}(10)(7)^2 = 245 \text{ J}$$

$$\Delta E = W_{\text{work}} = 120 \text{ J}$$

**Q18:** How much force was applied to the object to accelerate it?

(Record your **three-digit** answer in the Numerical Response boxes below)

8	.	0	0
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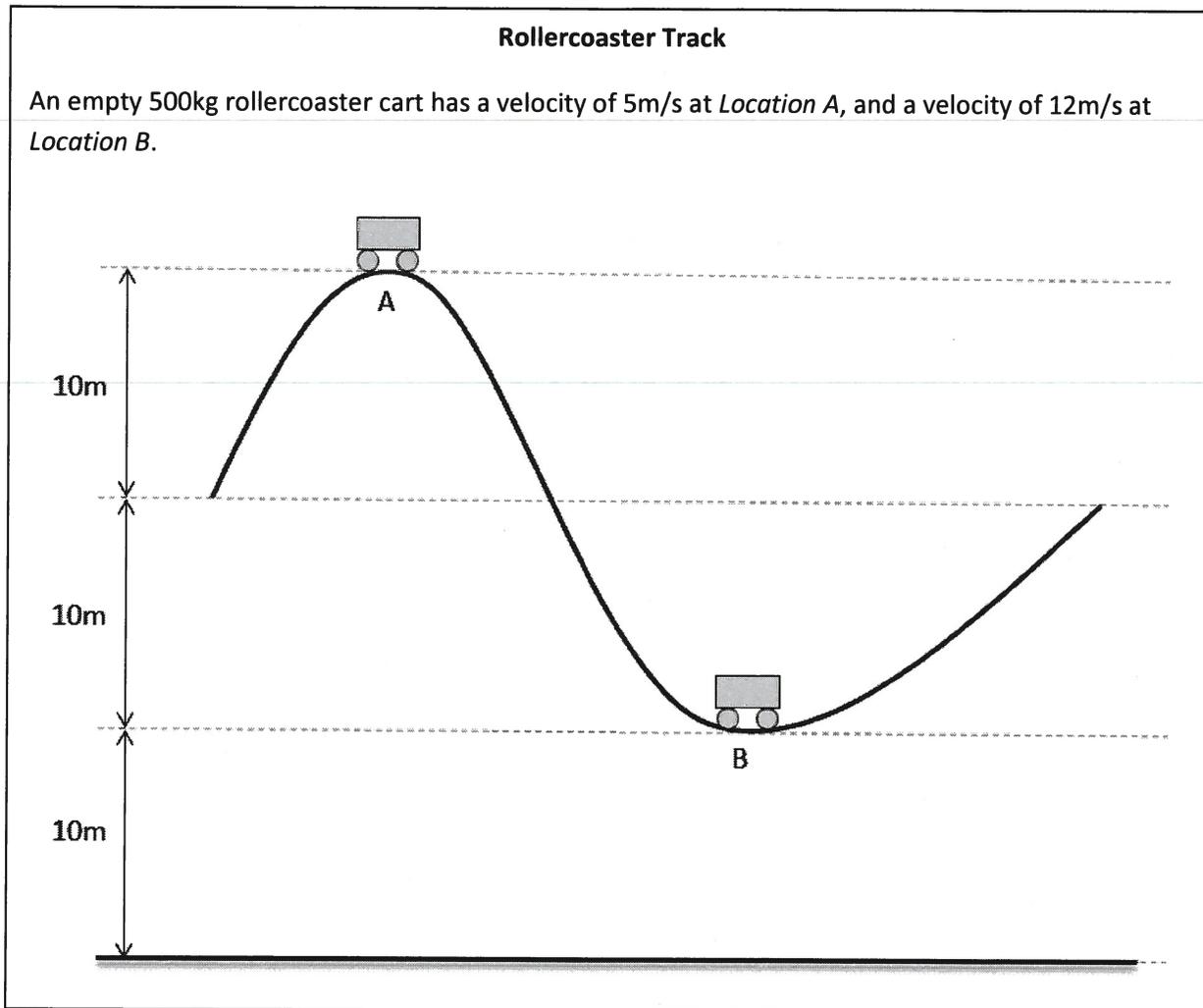
Option #1

$$\begin{aligned} W_{\text{work}} &= Fd \\ 120 &= (F)(15) \\ F &= 8 \text{ N} \\ F &\approx 8.00 \text{ N} \end{aligned}$$

Option #2

$$\begin{aligned} v_f^2 &= v_i^2 + 2ad \\ 7^2 &= 5^2 + 2(a)(15) \\ a &= 0.8 \text{ m/s}^2 \\ F &= ma \\ &= (10)(0.8) \\ &= 8.00 \text{ N} \end{aligned}$$

Use the following information to answer Q19:



Q19: How much energy was lost due to friction? (2 marks)

Position A

$$E_p = mgh$$

$$= (500 \times 9.81 \times 30)$$

$$= 147,150 \text{ J}$$

$$E_k = \frac{1}{2}mv^2$$

$$= \frac{1}{2}(500 \times 5)^2$$

$$= 6,250 \text{ J}$$

$$E_m = 153,400 \text{ J}$$

Position B

$$E_p = mgh$$

$$= (500 \times 9.81 \times 10)$$

$$= 49,050 \text{ J}$$

$$E_k = \frac{1}{2}mv^2$$

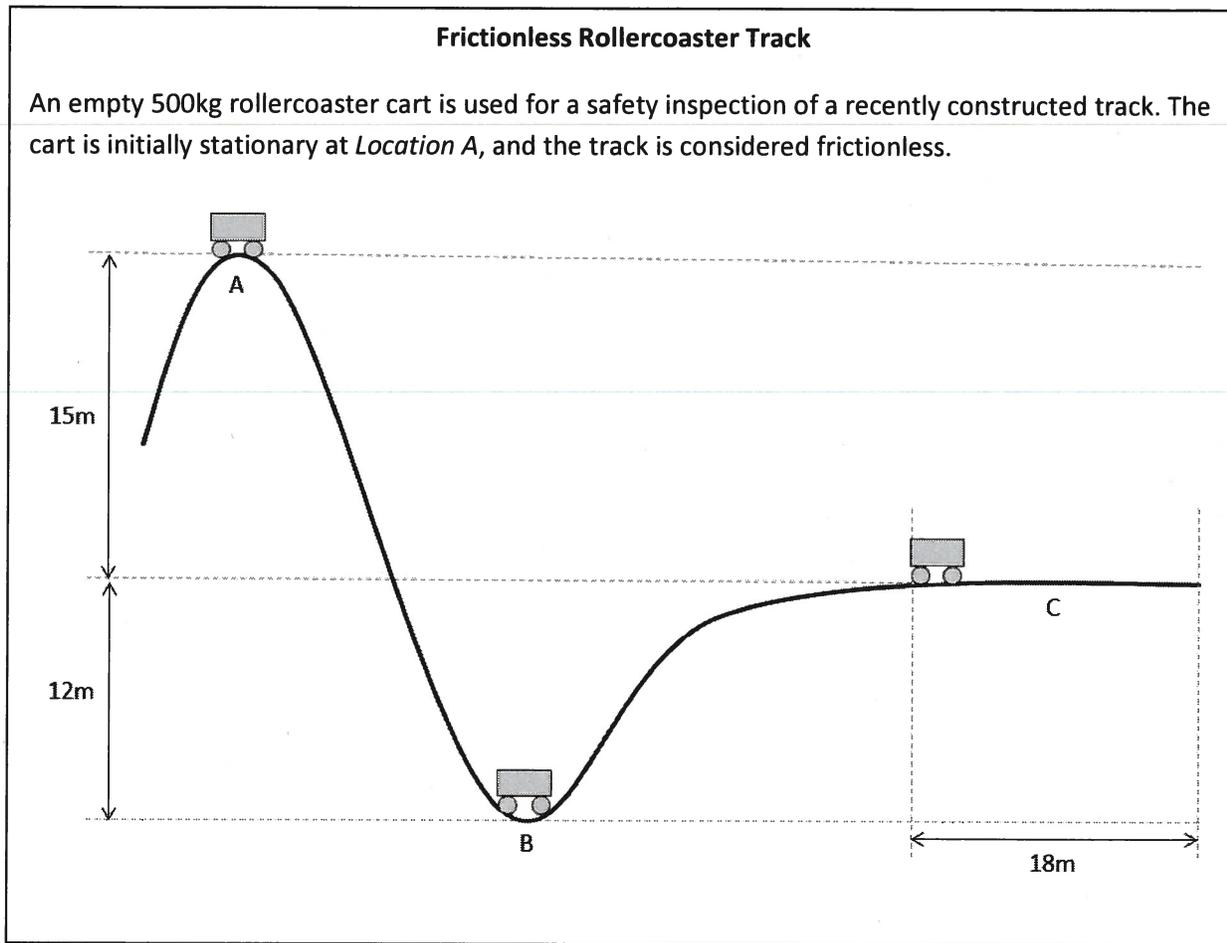
$$= \frac{1}{2}(500 \times 12)^2$$

$$= 36,000 \text{ J}$$

$$E_m = 85,050 \text{ J}$$

$$\Delta E = 68,350 \text{ J}$$

Use the following information to answer Q20-Q22:



**Q20:** What is the total mechanical energy of the cart at *Location A*? (1 mark)

$$\begin{aligned}
 E_p &= mgh \\
 &= (500)(9.81)(27) \\
 &= 132,435 \text{ J} \\
 E_k &= 0 \text{ J} \\
 \boxed{E_m &= 132,435 \text{ J}}
 \end{aligned}$$

**Q21:** What is the speed of the cart at *Location B*? (1 mark)

$$\begin{aligned}
 E_m &= 132,435 \text{ J} & E_k &= \frac{1}{2} m v^2 \\
 E_p &= 0 \text{ J} & 132,435 &= \frac{1}{2} (500) v^2 \\
 E_k &= 132,435 \text{ J} & v^2 &= 529.74 \\
 & & \boxed{v &= 23.0 \text{ m/s}}
 \end{aligned}$$

Q22: How long does it take the cart to clear the 18m distance at Location C? (3 marks)

$$E_m = 132,435 \text{ J}$$

$$E_p = mgh$$

$$= (500)(9.81)(12)$$

$$= 58,860 \text{ J}$$

$$E_k = 73,575 \text{ J}$$



$$E_k = \frac{1}{2}mv^2$$

$$73,575 = \frac{1}{2}(500)v^2$$

$$v^2 = 294.3$$

$$v = 17.155 \text{ m/s}$$



$$v = \frac{d}{t}$$

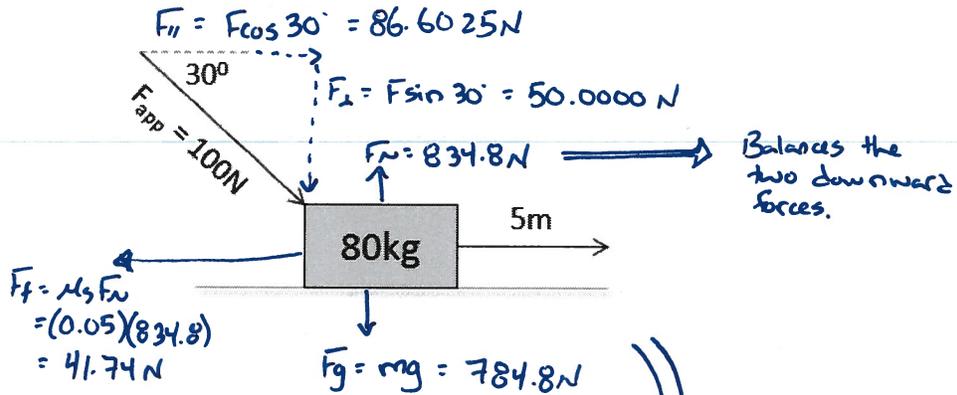
$$t = \frac{d}{v} = \frac{18 \text{ m}}{17.155 \text{ m/s}}$$

$$t \approx 1.05 \text{ s}$$

Part 4: Combination Questions (Hard)

Use the following information to answer Q23:

An initially stationary block is pushed with a force of  $\vec{F}_{app} = 100\text{N}$  [ $330^\circ$ ], moving a displacement of  $\vec{\Delta d} = 5\text{m}$  [ $0^\circ$ ]. The coefficient of friction between the block and the surface is 0.05.



Q23: The thermal energy loss due to friction is  $a.bc \times 10^d$  Joules, where  $a$ ,  $b$ ,  $c$  and  $d$  are \_\_, \_\_, \_\_ and \_\_.

(Record your four-digit answer in the Numerical Response boxes below)

2	0	9	2
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$$\vec{F}_{net} = (86.6025) + (-41.74) = 44.8625\text{N}$$

$$a = \frac{F_{net}}{m} = \frac{44.8625}{80} = 0.56078\text{m/s}^2$$



$$v_f^2 = v_i^2 + 2ad$$

$$v_f^2 = (0)^2 + 2(0.56078)(5)$$

$$v_f^2 = 5.6078$$

$$v_f = 2.36808\text{m/s}$$



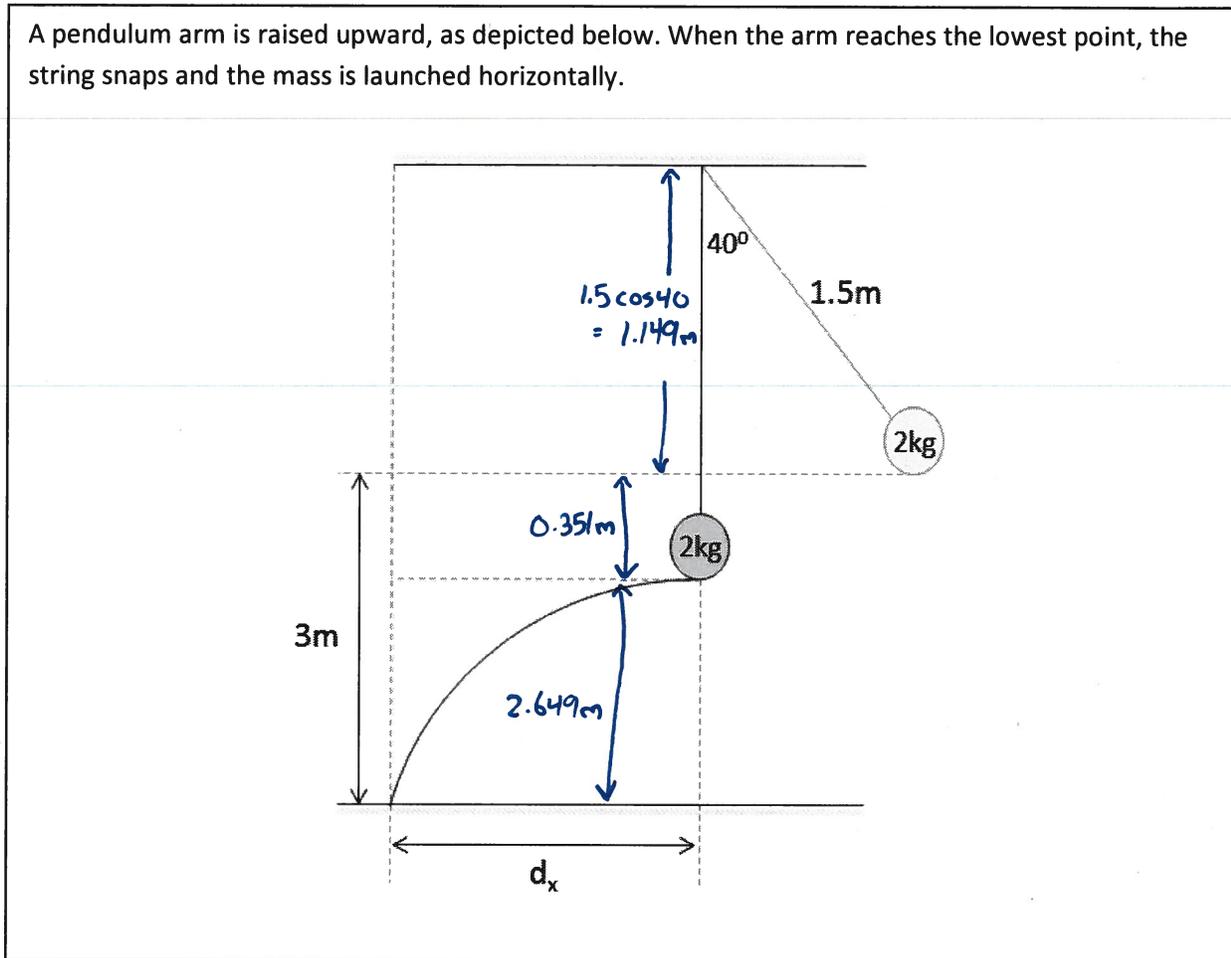
$$E_{in} = W_{work} = Fd = (86.6025)(5) = 433.0125\text{J}$$

$$E_{out} = E_k = \frac{1}{2}mv^2 = \frac{1}{2}(80)(2.36808)^2 = 224.3127\text{J}$$

$$\Delta E = 208.6998\text{J}$$

$$\Delta E \approx 2.09 \times 10^2\text{J}$$

Use the following information to answer Q24:



Q24: What is the horizontal range of the launched mass? (3 marks)

$$E_{p_i} = mgh_i$$

$$= (2)(9.81)(3)$$

$$= 58.86 \text{ J}$$

$$E_{p_f} = mgh_f$$

$$= (2)(9.81)(2.649)$$

$$= 51.97338 \text{ J}$$

$$E_{k_f} = 6.88662 \text{ J}$$

$$E_{k_f} = \frac{1}{2}mv_f^2$$

$$6.88662 = \frac{1}{2}(2)v_f^2$$

$$v_f^2 = 6.88662$$

$$v_f = 2.624 \text{ m/s}$$

Projectile Motion

x-comp

$$v_x = 2.624 \text{ m/s}$$

$$d_x = ?$$

$$t = ?$$

y-comp

$$v_i = 0 \text{ m/s}$$

$$a = -9.81 \text{ m/s}^2$$

$$dy = -2.649 \text{ m}$$

$$t = ?$$

$$d = v_i t + \frac{1}{2}at^2$$

$$-2.649 = (0)t + \frac{1}{2}(-9.81)t^2$$

$$-2.649 = -4.905t^2$$

$$t^2 = 0.5350$$

$$t = 0.7314 \text{ s}$$

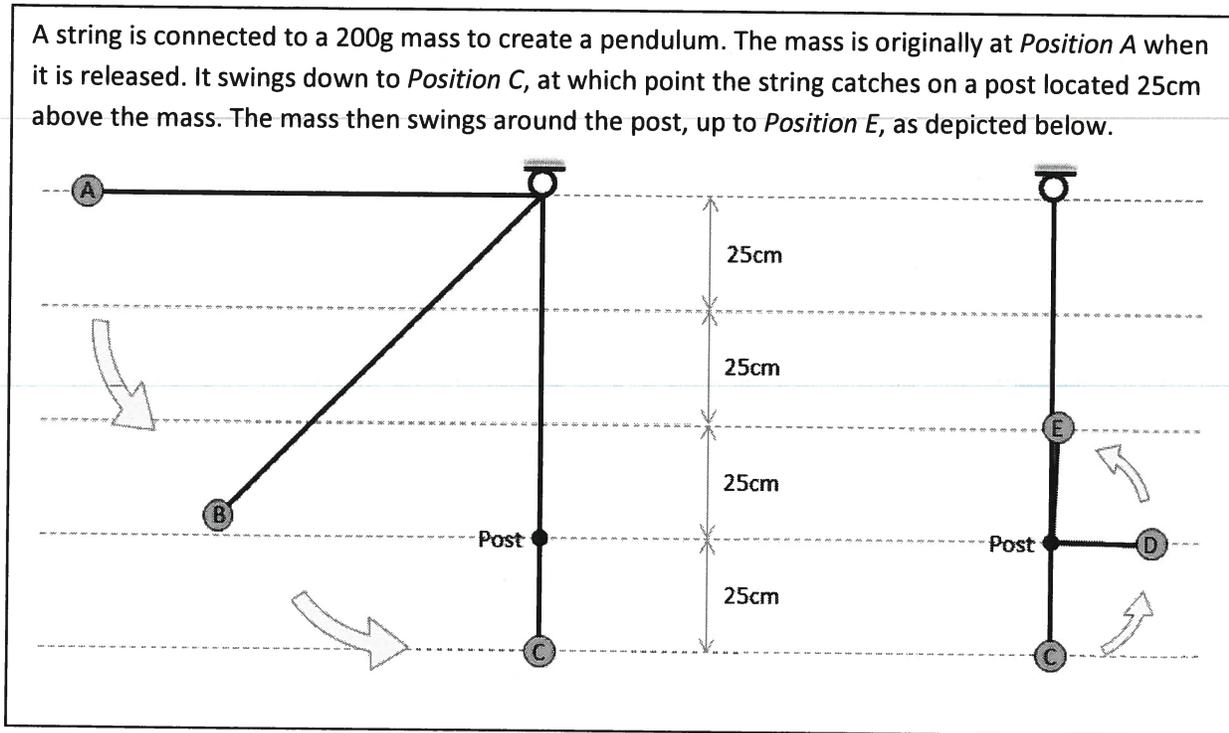
$$d_x = v_x t$$

$$= (2.624)(0.7314)$$

$$= 1.919 \text{ m}$$

$$\boxed{d_x \approx 1.92 \text{ m}}$$

Use the following information to answer Q25-27:



**Q25:** How much potential energy does the mass have while at *Position A*?

(Record your **three-digit** answer in the Numerical Response boxes below)

1	.	9	6
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$$\begin{aligned}
 E_p &= mgh \\
 &= (0.2)(9.8)(1) \\
 &= 1.96 \text{ J} \\
 E_p &\approx 1.96 \text{ J}
 \end{aligned}$$

■ KEY ■

Q26: What is the speed of the pendulum mass while at *Position C*?

(Record your **three-digit** answer in the Numerical Response boxes below)

4	.	4	3
---	---	---	---

$$E_p \rightarrow E_k$$

$$1.962 = \frac{1}{2}mv^2$$

$$1.962 = \frac{1}{2}(0.2)v^2$$

$$v^2 = 19.62$$

$$v = 4.429 \text{ m/s}$$

$$v \approx 4.43 \text{ m/s}$$

Q27: What is the tension of the mass while at *Position E*? (3 marks)

$$E_{p_i} \rightarrow E_{p_f} + E_{k_f}$$

$$1.962 \rightarrow mgh_f + \frac{1}{2}mv_f^2$$

$$1.962 = (0.2)(9.81)(0.5) + \frac{1}{2}(0.2)v_f^2$$

$$1.962 = 0.981 + \frac{1}{2}(0.2)v_f^2$$

$$v_f^2 = 9.81$$

$$v_f = 3.132 \text{ m/s}$$

Over a small distance, approximately constant speed.

$$F_c = \frac{mv^2}{r} = \frac{(0.2)(3.132)^2}{(0.25)} = 7.848 \text{ N}$$

$$F_g = mg = (0.2)(9.81) = 1.962 \text{ N}$$

$$\begin{array}{c} \downarrow \\ F_c \end{array} = \begin{array}{c} \downarrow \\ F_g \end{array} + \begin{array}{c} \downarrow \\ F_T \end{array} \quad \begin{array}{c} - \\ \updownarrow \\ + \end{array}$$

$$7.848 = 1.962 + F_T$$

$$F_T = 5.886 \text{ N}$$