

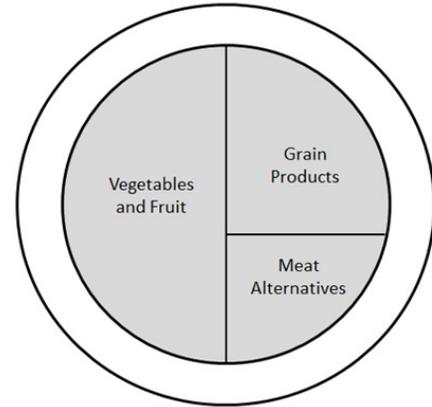
First Name: _____

Last Name: _____

SS1020 – L'09 – Assignment – Google Classroom Participation 19 marks

Students will research a diet or meal plan that they find online. They will create a new post that...

- Includes a link to a website or video explaining the diet.
- Summarize the diet or meal plan in terms of:
 - What you **can** or **cannot** eat.
 - Recommended number of meals or calories.
- Compares the diet to the Canada Food Guide guidelines (depicted on the right).



Students will then post **two** responses to other students' diets or meal plans, including:

- Pros and cons of the diet or meal plan.
- Potential health risks of the diet or meal plan.
- Important information about the diet or meal plan that wasn't included in the original link.

Students may not repeat an exact diet or meal plan that has already been posted.

ORIGINAL POST	3	2	1	0
Student will research a diet or meal plan.	<i>Student has... (1) included a link to a website or video explaining the diet. (2) summarized the diet. (3) compared the diet to the Canada Food Guide guidelines.</i>	<i>Student has met 2 of the 3 criteria.</i>	<i>Student has met 1 of the 3 criteria.</i>	<i>Student has not met any of the criteria.</i>

RESPONSE #1	3	2	1	0
Student will respond to another student's diet.	<i>Student's response expanded the discussion by including additional relevant information about the meal plan in terms of pros and cons, potential health risks, or additional important information regarding the diet.</i>	<i>Student's response referenced specific details of the article, but did not expand on the conversation by including new information.</i>	<i>Student's response did not include specific details, but was clearly in response to the article. Student's response was confrontational or non-productive.</i>	<i>Student gave a generic response that could apply to any article. Student did not respond to an article.</i>

RESPONSE #2	3	2	1	0
Student will respond to another student's diet.	<i>Student's response expanded the discussion by including additional relevant information about the meal plan in terms of pros and cons, potential health risks, or additional important information regarding the diet.</i>	<i>Student's response referenced specific details of the article, but did not expand on the conversation by including new information.</i>	<i>Student's response did not include specific details, but was clearly in response to the article. Student's response was confrontational or non-productive.</i>	<i>Student gave a generic response that could apply to any article. Student did not respond to an article.</i>

